

Optimizing post-operative pain and fatigue in rotator cuff repair using Pregabalin, amitriptyline or Temazepam as an adjunct to pain management: a randomized, placebo controlled trial.

Level II: RCT, Interventional

The aim is to decrease post-operative pain and improve patients sleep in the immediate post-operative period following rotator cuff repair (RCR), which will improve patient satisfaction and functional outcomes post RCR surgery. This study is a prospective, randomized, and blinded and placebo controlled trial. We aim to determine if there is a significant difference and improvement when using Pregabalin, Amitriptyline or Temazepam as an adjunct to pain management.